

Do you want healthy hair, skin, and nails?

Hair, skin, and nails all consist of a fibrous protein known as keratin. Keratin production is hormonally controlled, which is why hormonal disorders can show up in nail growth patterns, and is also one reason for hair loss and acne at certain hormone-shifting times in our lives.

Our skin is the largest organ of the body and requires special attention. Like the liver and kidneys, the skin functions to eliminate toxins from the body, through sweating. Anything that blocks the skin pores from breathing can cause infections and skin disorders.

Hair has its own nutritional requirements, and is directly connected to all of our body's functions. A poor diet can result in vitamin deficiencies, especially iron, which can lead to impaired hair growth. Hormonal changes, stress, skin and scalp diseases, and certain illnesses, such as diabetes and thyroid disorders are among the many reasons for hair loss.

Nails are actually a part of the epidermis, the outer layer of the skin. Our nails grow on top of a nail bed. Healthy nail beds are pink and indicate not only a rich blood supply to the area, but our general good health as well. Abnormalities or changes in the nails and nail beds can often be a result of nutritional deficiencies, or may indicate some underlying condition.

Optimal health of skin, hair, and nails is very much dependant on adequate daily intake of key nutrients including vitamins, minerals, trace elements, essential fatty acids and various phytonutrients. Proper nutrition and dietary supplementation help ensure smooth and clear skin, healthy nails, and vital shiny hair.

Hazle Drugs own unique brand of "Hair, Skin, and Nails Formula" is designed to provide exactly what the body needs for healthy hair, skin, and nails. The combination of key nutrients and herbs promotes the health and growth of our hair, skin, and nails by helping to ensure that keratin, their key building block, is adequately supported. Important minerals such as zinc and manganese are provided as key to enzyme processes that construct keratin. Vitamins A and C plus bioflavonoids act as powerful antioxidants that help prevent keratin breakdown as well as support microcirculation to the nail beds, dermal layers of the skin, and hair follicles. Horsetail is an herb known to thicken and stimulate robust hair growth and gelatin is also included for its well known properties of supporting nail structure.

Hazle Drugs "Hair, Skin and Nails Formula" also contains PABA, manganese, and lecithin. This formula combined with a comprehensive multivitamin and mineral formula can promote vibrant health.

For more information on Hazle Drugs brand of "Hair, Skin, and Nails Formula" please contact Certified Clinical Nutritionist, Bill Spear, R.Ph,CCN at Hazle Drugs, 1 E. Broad St., Hazleton, Pa. 18201, 570-454-2476, www.hazledrugs.com

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