

Boost Your Immune System this Flu Season

To prevent the flu, make sure you and your family members get a flu shot: the essential key to flu prevention. You need the vaccine because there is no cure for the flu, and flu complications can be very serious in some people, especially infants and young children, elderly adults, and people with heart disease, diabetes, lung disease, and other chronic medical problems.

Keeping your immune system fortified this flu season will also maintain wellness during these challenging days. The immune system is a complex system of organs, tissues and specialized cells that protect the human body from germs and microorganisms. The immune system fights these organisms and other substances through a series of steps called the immune response.

Nutrients for immune support include Co-Enzyme Q 10 (CoQ10), Vitamins A, B6, B12, C and Zinc. In addition to these nutrients, take a high-potency vitamin-mineral supplement that includes zinc and selenium. Zinc, working synergistically with vitamin A, also supports the thymus gland and enhances immune functions of white blood cells, and inhibits the growth of a wide range of nasty viruses.

Hazle Drugs own brand of “Immune Health Support” is designed specifically to support the immune system “as needed.”

Hazle Drugs brand of “Immune Health Support” contains vitamins A,C, B-6, B-12, C, and Zinc along with different types of beneficial mushrooms such as Maitake, Shiitake, and Reishi that are carefully grown and monitored to ensure that they are not contaminated with heavy metals or pollutants. These mushrooms contain polysaccharide complexes that provide specific support for T-cells (strategic players in the removal of foreign pathogens. Hazle Drugs “Immune Health Support”

also contains Echinacea, Astragalus and Goldenseal which are well known for their ability to enhance the body's defense systems.

Hazle Drugs is also offering flu shots daily from 9:00am to 4:00 pm. No appointment is necessary.

Wendy Murphy, Pharm D and Bill Spear, R.Ph, CCN are immunization specialists who are certified to administer the flu vaccine. The Flu shot is FREE to Medicare patients, select Blue Cross of NEPA Health Plans and select Geisinger Health Plans.

Flu shots are available while supplies last!

We also administer the Pneumonia and Shingles (Zostavax) Vaccines.

For more information regarding Hazle Drugs "Immune Health Support," or flu shots please contact Hazle Drugs 1 E. Broad St. Hazleton, Pa 18201

*Bill Spear, R.Ph., CCN is a Compounding Pharmacist and Certified Clinical Nutritionist. He is available for personal Nutritional Consultations at Hazle Drugs 1 E. Broad St. Hazleton, Pa. 18201, (570)-454-2476
Call for more information or to schedule your*